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Dr. Rishav Koirala

डा. ऋषभ

कोइराला

MBBS, MD

Consultant - Consultant
Psychiatric

N.M.C. No : 8414

HIS. No : 22012754

Name : Mr. MOHAN RAJ PATRABANSH (52 Y / M)

Address : BUTWAL

Date Time : 05/04/2022 16:25

DOB : 14/04/1970

Mobile No : 9847164469

| | | |
|-----------------------|----------|---------------|
| Temperature (°C) : 36 | Pulse : | Respiration : |
| SPO2 : | Height : | Weight : |
| BMI : | BP : / | |

self & wife

Informant:

Reason for referral:

Stressors:

Chief Complaints:

- . Anxious Overloading
- . Low mood
- . ↑ emotional sensitivity
- . Sleep disturbance
- . Problem in maintain.
- . suicidal thoughts F. t

HOPI:

No plan
 Delusion of infidelity → since 3 with.
 lethargy F. t. attributes use of excess mobile
 talks separately
 ↳ not delusional level.

Dhapasi, Kathmandu, Nepal
 P.O. Box : 11796,
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 E : info@grandehospital.com

www.grandehospital.com

24x7
365 EMERGENCY

केहिने तपत अकस्मिक सेवा उपलब्ध छ ।

Initability 7. t.



Past History:

Treatment history:

None

Personal History:

works abroad

Substance Use:

~~None~~

Almost daily → excessive intake when drinking.



Premorbid Personality:

Family History:

Mental State Examination:

General Appearance and Behaviour:

Sad looking, cooperative, communicative

Talk and Speech:

(N)

Mood and Affect:

Low & anxious

Thought:

Anxious Overmooding.

Perception:

(N)

Cognition:

(N)

Insight:

Diagnosis:

*MDD w/ GAD
(Major Depressive Disorder & Generalized Anxiety Disorder)*

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रक्सी रश्वाने ।

Management Plan:
Advise:


Treatment:

R: ① T. REXIPRA 5mg PO OD x 5 days
then 10mg PO OD continue.
विद्यत खाना पाक ।

② T. KLOZEP 0.25mg PO bid x 7 days
PO HS x 7 days.
then x x x 9.

F10 after 2 weeks.

Teleconsultation
9801202550


Dr. Prashant Kousala.
NMC no 8414

PHARMACY- Narcotic & Psychotropic Medications
Medicine: klozep 0.25 Qty: 21
Date: 5/09/2022 Dispensed By: surita



(I)
Self referral

Cl. Psy. Jug Maya
Chaudhary

Clinical Psychologist

N.M.C. No : /NHPC: 23

Informant

- ↓
- ↳ Self
- ↳ Wife

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BMI : BP : /

Pt. lives in Dubai for 15 yrs (came for 2 m leave) TDI - 3 yrs

C/C

↳ suspiciousness towards wife

↳ Excessive thoughts

↳ ↓ sleep

↳ ↓ mood

↳ Heaviness on Head

↳ ↓ interest

↳ ↑ irritability,

↳ Suicidal thoughts (+)

↳ ↓ energy

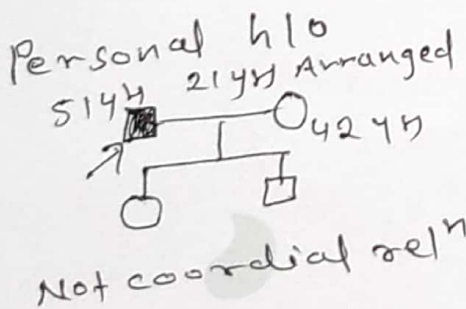
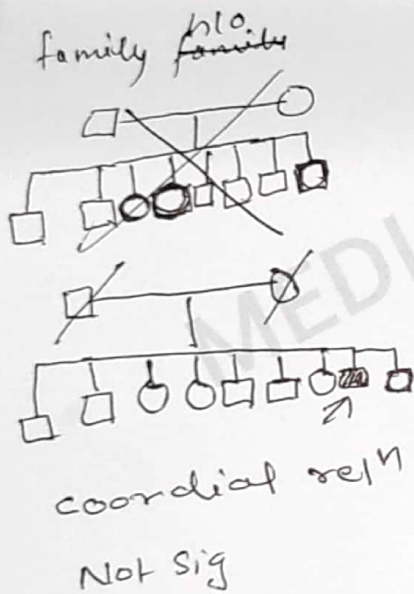
↳ ↓ Attention and concentration

↳ Anxiety sx - Palpitation, SOB, Restlessness

Biological fx

Appetite - (N)

Libido - (N)



Acc to husband -
just living together
for children

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HOSPITAL REGISTRATION CARD

NAME:

Mr. MOHAN RAJ PATRABANSH

ADDRESS:

BUTWAL

DOB:

14/04/1970

TEL No.:

9847164469

ISSUE DATE:

05/04/2022



Hospital No. 22012754



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IF FOUND KINDLY INFORM US

TAX INVOICE

HIS No : 22012754
 Patient Name : Mr. MOHAN RAJ PATRABANSH (52 Y / M)
 Address : BUTWAL
 Ref By : Dr. Rishav Kolrala
 Mobile No : 9847164469

Inv.No : CS 78-79/01/279967
 Inv. Date & Time : 05/04/2022/17:59:38
 B.S Date : 22/12/2078
 SID.No

| Sl. No. | Description | Rate | Qty | Amount |
|---------|--------------------------------|--------|-----|--------|
| 1 | DOCTOR CONSULTATION (OPD) | 825.00 | 1 | 825.00 |
| 2 | PSYCHIATRIC COUNSELLING CHARGE | 500.00 | 1 | 500.00 |

Gross Amount 1325.00
 Non Taxable Amount 1325.00
 Total Amount 1325.00
 Paid Amount 1325.00

Grande International Hospital

In words : One Thousand Three Hundred Twenty Five Rupee(s) And Zero Paises Only

97715159266 97715159267 Email: info@grandehospital.com

PAN NO : 304139428

Counter User : AASIFGURUNG

TAX INVOICE

PATRABANSH (52 Y / M)

Inv.No
 Inv. Date & Time
 B.S Date
 SID.No

(OPD)
 COUNSELLING CHARGE

Non Taxable
 Total Amount

In words : One Thousand Three Hundred Twenty Five Rupee(s) And Zero Paises Only

Counter User

*** WE WISH YOU A GOOD HEALTH ***

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